



JUNIOR COUNSELOR HANDBOOK

 **HEARTLAND CAMPS** 

**WELCOME &
HELLO**

**YOU BELONG
HERE**



CONTINUE TO LIVE
YOUR LIVES IN HIM.
ROOTED & BUILT UP IN
HIM, STRENGTHENED
IN THE FAITH.

HHS-FC

I have given them you
and the world has
them.

A young girl with orange face paint and white foam on her face and arms, smiling with her arms raised in a park setting. The background shows other people and trees, suggesting a camp or outdoor event.

**WHY
SHOULD
YOU
SERVE
AT
CAMP?**

Traveling Day Camp exists to share the love of God with children of your community. **Together** we will teach them about God, tell them they **belong** and invite them in to your church **community**.

We do this by bringing a seriously fun **Christ-centered** week to your church. The week is packed with activities, worship, Bible study and all led in part by Heartland's exceptional college staff.

WHY DO WE NEED YOU? BECAUSE YOU'RE YOU!

Junior counselors help add even more **energy** and fun to our week by **building relationships** with campers, participating in all the activities and serving alongside **everyone** involved.

WHAT WILL YOUR WEEK LOOK LIKE?



WEEKLY OVERVIEW:

SUNDAY:

Staff Arrive
Volunteer Meeting
Camp Prep

MONDAY:

Campers Arrive!
Camp 9-5

TUESDAY:

Camp 9-5

WEDNESDAY:

Camp 9-5
Youth Night (Only at some churches)

THURSDAY:

Camp 9-5
Family Night and Camp-In (Only at
some churches)

FRIDAY:

Camp 9-5



TYPICAL DAY:

8:30 - CHECK IN

9:15 - HYPE TIME

9:30 - MORNING WATCH

10:20-11:50 - ACTIVITIES

12:00 - LUNCH

12:45 - STORY TIME

1:00 - CHANGE

1:20 - WATER TIME

2:20 - CHANGE

2:40 - SNACK

3:00-4:00 - ACTIVITIES

4:10 - AFTERNOON WORSHIP

4:30 - CLOSING CEREMONY

4:45 - CHECK OUT + GROUP GAMES



CAMP LINGO

CHECK IN = CAMPER ARRIVAL

HYPE TIME = ENERGIZER DANCES AND SKITS

MORNING WATCH = BIBLE STUDY

ACTIVITIES = CRAFTS AND GAMES

STORY TIME = READ A LOUD STORIES + REST

WATER TIME = WATER GAMES + SLIP N SLIDE

AFTERNOON WORSHIP = MESSAGE AND SONGS

CLOSING CEREMONY = ENERGIZERS AND TEAM AWARDS

CHECK OUT = CAMPERS LEAVE

What are the ages of the campers?

ALPHAS

Completed
Kindergarten -
3rd grade

OMEGAS

Completed
4th grade -
6th grade



How do you fit in?

JUNIOR COUNSELORS WILL...

- Be assigned to a group and help counselors by getting to know campers and helping them feel included
- Participate in all activities to encourage campers and bring excited energy
- Help contribute to morning Bible study
- Participate in their own curriculum and study of leadership
- If needed help set up activities or participate in other behind the scenes tasks
- Serve alongside everyone with a positive attitude according to the mission of camp and share the love of Christ





**A FEW
RULES
TO
REMEMBER**

- 
- Heartland and Church counselors are on your team! Work together positively so that you can have a great week. Please respect and help enforce any camp rules.
 - We need you! Please make sure you are showing up on time every day ready to serve our campers and learn new things yourself!
 - You need to always make sure that you stick with the adult that is supervising you. They will make sure to always maintain a 2:1 ratio (either two adults to a camper/junior counselor or two campers/junior counselors to an adult) to keep everyone safe.
 - If you ever need help, have a question or a great idea (!) please don't hesitate to talk with the counselors in your group, the Heartland PA (helps to direct camp) or your church coordinator (a person assigned by your church to help organize and run camp)
 - **HAVE SO MUCH FUN!!!** Having joy while you serve is so important! You playing and being excited with campers can have an incredible impact on our program. We are so excited to spend a week with YOU!

A vibrant crowd of people at a color festival, with many individuals throwing colored powder (pink, yellow, blue) into the air, creating a colorful mist. The scene is captured from a low angle, showing the backs of many people's heads and their arms raised in excitement. The background is filled with a thick, multi-colored cloud of powder against a bright sky.

**LET'S
GO!**